

Autophoretic locomotion in weakly viscoelastic fluids at finite Péclet number

Giovanniantonio Natale,^{1,2} Charu Datt,³ Savvas G. Hatzikiriakos,² and Gwynn J. Elfring^{3,a)}

¹Department of Chemical and Petroleum Engineering, University of Calgary, Calgary, Alberta T2N 1N4, Canada

²Department of Chemical and Biological Engineering, University of British Columbia, Vancouver, British Columbia V6T 1Z3, Canada

³Department of Mechanical Engineering, University of British Columbia, Vancouver, British Columbia V6T 1Z4, Canada

(Received 1 September 2017; accepted 16 November 2017; published online 6 December 2017)

In this work, we numerically investigate the dynamics of a self-propelling autophoretic Janus particle in a weakly viscoelastic fluid. The self-propulsion is achieved by an asymmetry in the properties of the surface of the Janus particle that drives a surface slip velocity and bulk flow. Here we investigate the effect of viscoelasticity on this advection-diffusion problem over a range of Péclet and Damköhler numbers. Particles are found to swim faster, or slower, in viscoelastic fluids, and we show how reaction and diffusion rates affect the viscoelastic stresses that lead to changes in propulsion. *Published by AIP Publishing.* <https://doi.org/10.1063/1.5002729>

I. INTRODUCTION

Active colloidal-scale particles that can locally convert chemical energy into motility thereby mimicking microorganisms¹ have received considerable attention in recent years for their potential applications as drug-delivery agents in biomedical applications,² as sensing and depolluting agents,^{3,4} as microrheological probes,⁵ or as micromotors in micromachining systems.⁶ While many examples of active particles at microscales can be found in nature, such as bacteria like *E. coli* and human spermatozoa, synthetic particles that can self-propel via phenomena like autophoresis or a self-induced Marangoni effect have also been created.⁷

Active particles need not depend on external field gradients as they themselves generate local gradients through chemical reaction (diffusiophoresis) or heat radiation (thermophoresis) on their surface.^{8–14} The field gradients can be produced using anisotropic properties on the particle surface.^{13,14} Experimentally, this anisotropy has been obtained by creating particles with surface compartments of different chemistries; such particles are popularly known as Janus particles.¹⁵ The earliest studies of Janus particles focused on bimetallic (platinum-gold) rods which propel via electrochemical surface reactions.^{9,16} More recently, platinum half-coated spheres of silica or latex have also been synthesized.^{17–19} In the presence of hydrogen peroxide in a water environment, these particles are able to self-propel by creating an anisotropic distribution of solutes in their surroundings as metallic platinum (Pt) catalyses the decomposition of hydrogen peroxide. However, the exact mechanism of this propulsion—electro or chemophoresis—is still an open debate.^{20,21} If the platinum layer is substituted with a gold one, the particles can be heated up by exposure to UV light. The propulsion is then due to locally induced temperature gradients.²²

Autophoretic propulsion has been well studied in Newtonian fluids.²³ A classical continuum approach was proposed by Golestanian, Liverpool, and Ajdari¹⁴ wherein phoretic effects are accounted for as a distribution of slip velocities on the particle surface under the assumption that the interaction layer is thin compared to the particle size and advection of the solute is neglected. This framework was then extended to study advective effects,^{10,24,25} the role of geometry,²⁶ and more complex surface reactions.²⁷ For particles at the nanoscale, the thickness of the interaction layer becomes comparable with the particle size and then careful considerations regarding the flow field, both within and without the boundary layer, need to be undertaken.^{28,29} Michelin and Lauga³⁰ recently analyzed the validity of the thin interaction layer assumption considering both advective and reactive effects.

While much of the literature on autophoretic locomotion is limited to Newtonian fluids, active particles may also be found in complex polymeric fluids.³¹ In recent theoretical work, Datt *et al.*³² studied autophoretic locomotion in a weakly viscoelastic fluid. They found that a Janus particle can swim either slower or faster in a second-order fluid (SOF) as compared to a Newtonian fluid depending on the distribution of surface activity. However, their analytical study neglected advection of the solute. In another study, Oppenheimer, Navardi, and Stone³³ considered the motion of a hot Janus particle through a fluid with a spatially varying viscosity distribution due to a temperature difference between the particle and the ambient fluid and found that in contradistinction to when the viscosity is uniform, the particle translational and rotational dynamics were coupled for the spherical Janus particle. Experimentally, Gomez-Solano, Blokhuis, and Bechinger³⁴ studied silica spheres half-coated with carbon caps suspended in a binary mixture which displayed a finite relaxation time and shear-thinning behaviour. When illuminated, the fluid underwent local de-mixing causing autophoretic motion. They observed an increase of the rotational and translational diffusion coefficients with the increase in the particle velocity—markedly

^{a)}Electronic mail: gelfring@mech.ubc.ca

different from the dynamics in Newtonian fluids. Apart from autophoretic particles, there have been several analytical and numerical studies on model microswimmers, see, for example, recent reviews by Elfring and Lauga³⁵ and Sznitman and Arratia.³⁶ Pertinent to this work are studies of squirmer model swimmers in complex fluids^{37–41} and in particular the study by Zhu, Lauga, and Brandt³⁷ who used the squirmer model^{42,43} to understand the dynamics of puller- and pusher-type swimmers in a viscoelastic (Giesekus) fluid. They showed that the viscoelastic swimming speed is lower than that in Newtonian fluids owing to the presence of non-Newtonian extensional stresses.

Autophoretic locomotion in viscoelastic fluids at a finite Péclet number has not yet been investigated, and it is still unclear how the viscoelasticity of the fluid modifies the advection-diffusion in self-diffusiophoretic motion. Hence, the goal of this work is to understand the effect of viscoelasticity on the dynamics of chemically propelled particles at finite Péclet and Damköhler numbers thereby extending analytical work by Datt *et al.*³² To do so, we use a hybrid asymptotic-numerical method, combining a regular perturbation expansion to capture the leading-order effects of viscoelasticity while solving the Newtonian and weakly nonlinear viscoelastic concentration and flow fields numerically using a finite element method (FEM). We capture the effects of advection and surface activity on the propulsion velocity and provide a physical explanation for the impact of viscoelastic stresses.

II. THE DIFFUSIOPHORESIS PROBLEM

In defining the diffusiophoretic problem, we closely follow the approach of Michelin and Lauga.³⁰ Consider an isolated solid particle \mathcal{B} with surface $\partial\mathcal{B}$, immersed in an otherwise quiescent fluid of viscosity η and density ρ . The particle interacts with a solute dispersed in the fluid with concentration C , via short-range potential of characteristic range λ . The solute is both advected by the fluid and diffused with diffusivity D . We assume that the chemical properties of the surface of the particle control the concentration flux by either a fixed-flux adsorption/desorption process with activity A or a fixed-rate one-step chemical reaction with reaction rate K .³⁰

For a particle of size a and density ρ_s , the Reynolds number $Re = \rho U a / \eta$ and Stokes number $St = \rho_s U a / \eta$ are assumed to be sufficiently small to neglect the inertia of both the fluid and solid. For the following discussion, the Péclet number Pe represents the ratio of diffusive and advective time scales.

In this work, we will assume a thin interaction layer limit $\epsilon = \lambda/a \ll 1$ for finite Pe . As shown by Michelin and Lauga,³⁰ provided $\epsilon Pe \ll 1$, advection within the interaction layer is negligible, and the solution of the advection-diffusion outside the interaction layer may be solved independently of the interaction layer dynamics by prescribing a slip velocity \mathbf{u}^s at the solid particle boundary, given by

$$\mathbf{u}^s = M \nabla_s C, \quad (1)$$

where $\nabla_s = (\mathbf{I} - nn) \cdot \nabla$ is the projection of the operator onto the surface, and the local mobility,

$$M = \pm \frac{k_B T \lambda^2}{\eta}, \quad (2)$$

is defined from the local interaction potential profile, where k_B is the Boltzmann constant and T is the absolute temperature. The mobility can be either positive or negative depending on the form of the solute surface interaction with the particle; it is negative for locally attractive interactions and positive for locally repulsive interactions.³⁰

Under these conditions, the solute concentration C is governed by the advection-diffusion equation and boundary conditions,

$$\frac{\partial C}{\partial t} + \mathbf{u} \cdot \nabla C = D \nabla^2 C, \quad (3)$$

$$D \mathbf{n} \cdot \nabla C (\mathbf{x} \in \partial\mathcal{B}) = KC, \quad (4)$$

$$C(r \rightarrow \infty) = C_\infty, \quad (5)$$

where C_∞ is the far field condition for the concentration. The distance from the centre of the particle $r = |\mathbf{x} - \mathbf{x}_0|$, where \mathbf{x}_0 is the center of the particle. Here we show a fixed-rate chemical reaction at the surface but a fixed-flux process follows similarly as we shall show.

We assume that the fluid is incompressible and that inertia is negligible ($Re \ll 1$); therefore,

$$\nabla \cdot \mathbf{u} = 0, \quad (6)$$

$$\nabla \cdot \boldsymbol{\sigma} = \mathbf{0}. \quad (7)$$

The fluid is taken to be quiescent in the far field while the fluid velocity on the particle includes rigid-body translation \mathbf{U} and rotation $\boldsymbol{\Omega}$ about \mathbf{x}_0 ,

$$\mathbf{u}(r \rightarrow \infty) = \mathbf{0}, \quad (8)$$

$$\mathbf{u}(\mathbf{x} \in \partial\mathcal{B}) = \mathbf{U} + \boldsymbol{\Omega} \times \mathbf{r} + \mathbf{u}^s, \quad (9)$$

where $\mathbf{r} = \mathbf{x} - \mathbf{x}_0$.

This set of equations is closed by noting that without inertia and in the absence of any interparticle or external forces, the net hydrodynamic force and torque on the particle must be zero

$$\mathbf{F} = \int_{\partial\mathcal{B}} \mathbf{n} \cdot \boldsymbol{\sigma} dS = \mathbf{0}, \quad (10)$$

$$\mathbf{L} = \int_{\partial\mathcal{B}} \mathbf{r} \times (\mathbf{n} \cdot \boldsymbol{\sigma}) dS = \mathbf{0}. \quad (11)$$

It is convenient to recast the problem in dimensionless terms. To do so, we take a as the characteristic length, while a natural scale for the concentration variations, aA/D , may be obtained from the flux boundary conditions. Here \mathcal{A} is the characteristic magnitude of the surface activity. A velocity scale is obtained from the slip condition to be

$$\mathcal{U} = \frac{\mathcal{A} k_B T \lambda^2}{D \eta}. \quad (12)$$

From the velocity scale, we define a time scale a/\mathcal{U} and stress scale $\eta\mathcal{U}/a$ (for both pressure and deviatoric stress). Introducing dimensionless variables, denoted by $*$'s, we write

$$c^* = \frac{C - C_\infty}{\mathcal{A} a / D}, \quad (13)$$

$$\mathbf{u}^* = \mathbf{u} / \mathcal{U}, \quad (14)$$

$$\boldsymbol{\sigma}^* = \frac{\boldsymbol{\sigma}}{\eta \mathcal{U} / a}, \quad (15)$$

$$t^* = \frac{t}{a / \mathcal{U}}. \quad (16)$$

In dimensionless form, the governing equation for the concentration field and boundary conditions are

$$Pe \left(\frac{\partial c^*}{\partial t^*} + \mathbf{u}^* \cdot \nabla^* c^* \right) = \nabla^{*2} c^*, \quad (17)$$

$$\mathbf{n} \cdot \nabla^* c^* (\mathbf{x}^* \in \partial\mathcal{B}) = k (1 + Da c^*), \quad (18)$$

$$c^*(r^* \rightarrow \infty) = 0, \quad (19)$$

where the dimensionless surface activity distribution $k = K/\mathcal{K}$, where \mathcal{K} is a characteristic scale of the reaction, and thus we set $\mathcal{A} = \mathcal{K}C_\infty$. The Péclet number is defined as

$$Pe = \frac{\mathcal{U}a}{D}, \quad (20)$$

whereas the Damköhler number,

$$Da = \frac{\mathcal{K}a}{D}, \quad (21)$$

is the ratio between the diffusive and the reactive time scales. When $Da = 0$, diffusion is fast enough that the far-field concentration sets the flux (fixed-flux); assuming a fixed-flux process at the outset, we arrive at the same form except in that case $k = -A/\mathcal{A}$ (where A is positive for adsorption).³⁰

The governing equations for the velocity field and boundary conditions in dimensionless form are

$$\nabla \cdot \boldsymbol{\sigma}^* = \mathbf{0}, \quad (22)$$

$$\nabla \cdot \mathbf{u}^* = 0, \quad (23)$$

$$\mathbf{u}^* (\mathbf{x}^* \in \partial\mathcal{B}) = \mathbf{U}^* + \boldsymbol{\Omega}^* \times \mathbf{r}^* + \mathbf{u}^{s*}, \quad (24)$$

$$\mathbf{u}^*(r^* \rightarrow \infty) = \mathbf{0}. \quad (25)$$

III. SECOND-ORDER FLUID

In this work, we are interested in understanding the effects of viscoelasticity on advection-diffusion in the self-diffusiophoresis of a Janus particle. In order to gain insight into this complex problem, we will use the second-order fluid (SOF) constitutive model,⁴⁴ an asymptotic approximation of viscoelastic fluids for slowly varying flows. For a SOF, the stress is given by

$$\boldsymbol{\sigma} = -p\mathbf{I} + \eta\dot{\boldsymbol{\gamma}} - \frac{\Psi_1}{2}\overset{\nabla}{\dot{\boldsymbol{\gamma}}} + \Psi_2\dot{\boldsymbol{\gamma}} \cdot \dot{\boldsymbol{\gamma}}, \quad (26)$$

where η is the zero-shear viscosity, $\dot{\boldsymbol{\gamma}}$ is the strain-rate tensor, and Ψ_1 and Ψ_2 are the first and second normal stress-difference coefficients, respectively. The upper-convected derivative

$$\overset{\nabla}{\dot{\boldsymbol{\gamma}}} = \frac{\partial \dot{\boldsymbol{\gamma}}}{\partial t} + \mathbf{u} \cdot \nabla \dot{\boldsymbol{\gamma}} - (\nabla \mathbf{u})^\top \cdot \dot{\boldsymbol{\gamma}} - \dot{\boldsymbol{\gamma}} \cdot \nabla \mathbf{u}, \quad (27)$$

where $[\nabla \mathbf{u}]_{ij} = \partial u_j / \partial x_i$.

In dimensionless form, we obtain

$$\boldsymbol{\sigma}^* = -p^*\mathbf{I} + \dot{\boldsymbol{\gamma}}^* - De \left(\overset{\nabla}{\dot{\boldsymbol{\gamma}}}^* + b\dot{\boldsymbol{\gamma}}^{*2} \right), \quad (28)$$

where the Deborah number, $De = \Psi_1 \mathcal{U} / 2a\eta$, quantifies the departure from Newtonian behavior^{40,45} and $b = -2\Psi_2/\Psi_1$. The first normal stress coefficient, Ψ_1 , is positive for nearly all polymeric fluids, while Ψ_2 is typically negative and much smaller in magnitude;⁴⁶ here we take $b = 0.2$ to match the work

by De Corato, Greco, and Maffettone.⁴⁰ Finally, we note that while the second-order fluid model represents a common form for most viscoelastic fluids for small Deborah numbers, it is expected to be valid only for very small strain-rates.^{44,47}

Henceforth, we work in dimensionless quantities and drop the stars * 's for convenience.

IV. SQUIRMER MODEL

We consider here spherical, axisymmetric Janus particles characterized by a surface activity distribution $k = k(\mu)$, where $\mu = \cos \theta$ and θ is the polar angle with respect to the axis of symmetry \mathbf{e}_z in spherical coordinates. For simplicity, we consider one side of the Janus particle to be reactive, $\mu \geq \mu_c$, whereas the other side is inert. The solute concentration and velocity field are hence also axisymmetric, $c = c(r, \mu)$ and $\mathbf{u} = u_r(r, \mu)\mathbf{e}_r + u_\theta(r, \mu)\mathbf{e}_\theta$, as is the tangential slip $\mathbf{u}^s = u_\theta(1, \mu)\mathbf{e}_\theta$. The active particle therefore undergoes translational motion $\mathbf{U} = U\mathbf{e}_z$ without rotation $\boldsymbol{\Omega} = \mathbf{0}$.

It is common to represent the tangential slip u_θ in terms of Legendre polynomials or squirming modes

$$\alpha_n = \frac{1}{2} \int_{-1}^1 \sqrt{1 - \mu^2} L'_n(\mu) u_\theta(1, \mu) d\mu. \quad (29)$$

When $De = Pe = Da = 0$, the flow is linear, the concentration field is harmonic, and an analytical solution is easily obtained that yields the swimming velocity

$$\mathbf{U} = \frac{M}{4} (1 - \mu_c^2) \mathbf{e}_z, \quad (30)$$

where $M = \pm 1$ in dimensionless form. This result may be found simply by way of the reciprocal theorem,³⁰ but outside this limit, numerical solution is required.

V. RECIPROCAL THEOREM

The reciprocal theorem of low Reynolds number hydrodynamics⁴⁸ may be used to find the rigid-body motion of a particle given a slip velocity \mathbf{u}^s .^{49–52} Following the work of Datt *et al.*,³² we know that for a spherical particle of radius a , the translational velocity in a weakly nonlinear viscoelastic fluid is given by

$$\mathbf{U} = -\frac{1}{4\pi} \int_{\partial\mathcal{B}} \mathbf{u}^s dS - \frac{De}{8\pi} \int_{\mathcal{V}} \boldsymbol{\tau}_{NN} : \left(\mathbf{1} + \frac{1}{6} \nabla^2 \right) \nabla \mathbf{G} dV, \quad (31)$$

where $\mathbf{G} = (\mathbf{I} + \mathbf{r}\mathbf{r}/r^2)/r$ while the tensor $\boldsymbol{\tau}_{NN} = -\left(\overset{\nabla}{\dot{\boldsymbol{\gamma}}}^* + b\dot{\boldsymbol{\gamma}}^{*2} \right)$ represents the weakly nonlinear contribution to the stress.⁵³ For a Newtonian fluid, $De = 0$, the translational velocity is given simply by (minus) the surface average of the given slip velocity,^{49,54} in which case only the first squirming mode contributes to the swimming speed

$$\mathbf{U} = \alpha_1 \mathbf{e}_z. \quad (32)$$

When the fluid is non-Newtonian, integration of the tensor $\boldsymbol{\tau}_{NN}$ over the entire fluid domain is required, and in general all squirming modes may affect \mathbf{U} . As shown by Datt *et al.*,³² the

leading-order correction to the swimming speed for a squirmer in a second-order fluid is given by

$$\mathbf{U} = \alpha_1 \mathbf{e}_z + De(b-1) \sum_{p=1}^{\infty} C_p \alpha_p \alpha_{p+1} \mathbf{e}_z, \quad (33)$$

where $C_p = 6p/[(p+1)^2(p+2)]$.

VI. PERTURBATIVE ANALYSIS

In order to evaluate the leading-order effects of viscoelasticity on the advection-diffusion process in self-diffusiophoresis, we focus only on weakly nonlinear effects for small Deborah numbers and study the problem perturbatively about the Newtonian limit. We write the unknown velocity, pressure and concentration fields, and the velocity of the particle as regular expansions in De number,

$$\mathbf{u} = \mathbf{u}_0 + De \mathbf{u}_1 + O(De^2), \quad (34)$$

$$p = p_0 + De p_1 + O(De^2), \quad (35)$$

$$c = c_0 + De c_1 + O(De^2), \quad (36)$$

$$\mathbf{U} = \mathbf{U}_0 + De \mathbf{U}_1 + O(De^2). \quad (37)$$

In this work, we will consider all fields steady when moving with the velocity of the swimmer, for example, the concentration field

$$\frac{\partial c}{\partial t} + \mathbf{U} \cdot \nabla c = 0. \quad (38)$$

A. Zeroth order (a Newtonian fluid)

At zeroth order, we have the diffusiophoretic motion of a Janus particle in a Newtonian fluid governed by the following set of equations:

$$\nabla^2 \mathbf{u}_0 = \nabla p_0, \quad (39)$$

$$\nabla \cdot \mathbf{u}_0 = 0, \quad (40)$$

$$Pe \mathbf{u}'_0 \cdot \nabla c_0 = \nabla^2 c_0, \quad (41)$$

where we have used the fact that the fields are steady in the moving frame (38) and defined $\mathbf{u}'_0 = \mathbf{u}_0 - \mathbf{U}_0$. The boundary conditions, to leading order, are

$$c_0(r \rightarrow \infty) = 0, \quad (42)$$

$$\mathbf{u}_0(r \rightarrow \infty) = \mathbf{0}, \quad (43)$$

$$\frac{\partial c_0}{\partial r}(r=1) = k(1 + Da c_0), \quad (44)$$

$$\mathbf{u}_0(r=1) = \mathbf{U}_0 + M \nabla_s c_0. \quad (45)$$

These equations are closed by the force-free condition on the particle, which, by the reciprocal theorem, equates to

$$\mathbf{U}_0 = -\langle \mathbf{u}'_0 \rangle = -M \langle \nabla_s c_0 \rangle, \quad (46)$$

where the angle brackets $\langle \cdot \rangle$ represent the surface average on the particle.

B. First order

The governing equations for the first-order viscoelastic perturbation fields are

$$-\nabla p_1 + \nabla^2 \mathbf{u}_1 = \nabla \cdot \left(\overset{\Delta}{\gamma}_0 + b \overset{\Delta}{\gamma}_0^2 \right), \quad (47)$$

$$\nabla \cdot \mathbf{u}_1 = 0, \quad (48)$$

$$Pe \left(\mathbf{u}'_0 \cdot \nabla c_1 + \mathbf{u}'_1 \cdot \nabla c_0 \right) = \nabla^2 c_1, \quad (49)$$

where $\mathbf{u}'_1 = \mathbf{u}_1 - \mathbf{U}_1$. The boundary conditions for the first-order problem are

$$c_1(r \rightarrow \infty) = 0, \quad (50)$$

$$\mathbf{u}_1(r \rightarrow \infty) = \mathbf{0}, \quad (51)$$

$$\frac{\partial c_1}{\partial r}(r=1) = k Da c_1, \quad (52)$$

$$\mathbf{u}_1(r=1) = \mathbf{U}_1 + M \nabla_s c_1. \quad (53)$$

These equations are closed by enforcing the force-free condition at first order in Deborah numbers, which may be restated by the reciprocal theorem as a condition on the translational velocity

$$\mathbf{U}_1 = -\langle \mathbf{u}'_1 \rangle - \frac{1}{8\pi} \int_V \tau_{NN}[\mathbf{u}_0] : \left(1 + \frac{1}{6} \nabla^2 \right) \nabla \mathbf{G} dV, \quad (54)$$

where $\langle \mathbf{u}'_1 \rangle = M \langle \nabla_s c_1 \rangle$. Here we can see that there are two effects due to viscoelasticity which can cause a change in the translational velocity of the particle. The first term on the right-hand side represents the change in the slip velocity of the particle due to the viscoelasticity of the fluid, while the second term represents the change due to viscoelastic stresses. It is important to stipulate here that we assume that the mobility remains constant; in other words, we do not account for the impact of viscoelasticity on the boundary layer problem that governs the slip, and we restrict our attention only to changes in the slip velocity due to a viscoelastic perturbation of the concentration field c_1 . Likewise, we assume that the solute diffusivity D remains constant throughout the flow.

Note that in the case of $Da = 0$, there is no concentration flux at the surface of the particle for the first-order concentration field. Moreover, when $Pe = Da = 0$, there is no first-order change of the concentration field, and consequently no change in the slip velocity.

VII. NUMERICAL METHOD

The zeroth- and first-order problems are both solved numerically by employing a finite element method (FEM) technique. FEM calculations are performed using Mathematica software. A Taylor-Hood (P2-P1) triangular 2D mesh in polar coordinates was generated to solve both the zeroth- and first-order problems. By generating the mesh in polar coordinates, the elements of the mesh are automatically finer at the particle surface and wider at large r . The mesh refinement was verified to eliminate any dependence of our results on the mesh element size. For all simulations, we meshed a circular 2D domain around our colloidal particle of the size $20a$, discretized by approximately 10^4 triangular elements.

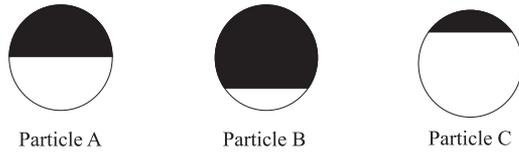


FIG. 1. Schematic of the three Janus particles investigated. Black indicates the active region, while white is for inert.

We first solve the zeroth-order problem and then use the zeroth-order fields as a known input to the first-order problem. We also use an iterative scheme whereby the translational velocity given by the exact solution when $Pe = Da = 0$ is used as an initial value, the advection-diffusion problem is solved, and then the translational velocity is updated to satisfy the force-free condition. At each iteration, the velocity and concentration field are calculated. The solution is assumed to have converged when difference in the velocity is less than 10^{-6} [note that the problem is non-dimensionalized such that the magnitude of the velocity is expected to be $O(1)$].

For validation we ensure that our results match those of Michelin and Lauga³⁰ for Newtonian fluids and that our numerical results match the analytical results for viscoelastic fluids when $Pe = Da = 0$ in the work of Datt *et al.*³² The numerical method presented above is then employed to explore for the first time the effects of viscoelasticity on the solute concentration and flow field around Janus particles for nonzero values of Pe and Da and ultimately to determine the effect on particle propulsion.

VIII. RESULTS

The Janus particles investigated here consist of an active cap, while the rest of the particle is inert. In particular, three cases are considered: particle A is a symmetric Janus particle ($\mu_c = 0$), while particles B and C are asymmetric with μ_c equal to $-1/\sqrt{3}$ and $1/\sqrt{3}$, respectively (see Fig. 1). Among the three Janus particles, particle B has the least inert surface coverage, while particle C has the least active coverage. For all the particles, the mobility is considered uniform ($M = \pm 1$). Thus, six different configurations are investigated in total.

In this work, the solute is always consumed by chemical reaction at the reactive cap; thus, for particles with positive mobility, this implies that the slip velocity is oriented from the active cap to the inert surface. Consequently, the particles propel in the direction of the reactive cap (\mathbf{e}_z , the active end is the front). Particles with negative mobility move in the direction of the inert end ($-\mathbf{e}_z$, the inert end is the front).

In the following, the results are divided in two main sections. First, we analyze the dynamics of the active particles with fixed-flux surface activity ($Da = 0$) and then probe the effect of nonzero Da at low Pe . For clarity, in this paper we take $De = 1$ in all figures so that the effects of viscoelasticity are more visually apparent, but note that the results from our perturbative approach are strictly valid only when $De \ll 1$. Furthermore, when we refer to the velocity in a viscoelastic fluid (for example), we mean the velocity to first order in Deborah numbers $\mathbf{U} = \mathbf{U}_0 + De\mathbf{U}_1$ since we neglect higher-order terms whose effects may be significant when the Deborah number is not very small.⁴⁰

A. Fixed-flux surface activity ($Da = 0$)

The effect of advection on autophoretic locomotion for fixed-flux surface activity ($Da = 0$) is analyzed here. The propulsion speed, in the \mathbf{e}_z direction, of the three Janus particles immersed in a Newtonian and a second-order fluid is shown for positive mobility in Fig. 2(a) and negative mobility in Fig. 3(a), while the ratio of viscoelastic to Newtonian propulsion speed is shown for positive mobility in Fig. 2(b) and negative mobility in Fig. 3(b). Positive values indicate propulsion towards the active pole ($M = 1$), while negative values indicate propulsion towards the inert pole ($M = -1$).

For each of the three particles with positive mobility (particles swimming towards their active pole), the swimming speed in both Newtonian and viscoelastic fluid decreases monotonically with increasing Pe number, and at high Pe , a theoretical scaling of $U \propto Pe^{-1/3}$ is recovered in a Newtonian fluid.^{24,30,55} In contrast, with negative mobility (particles swimming towards their inert pole), the swimming speed displays a non-monotonic variation with Pe , with a maximum when $Pe = O(1)$ before the large Péclet asymptotic decay, $U \propto Pe^{-1/3}$.

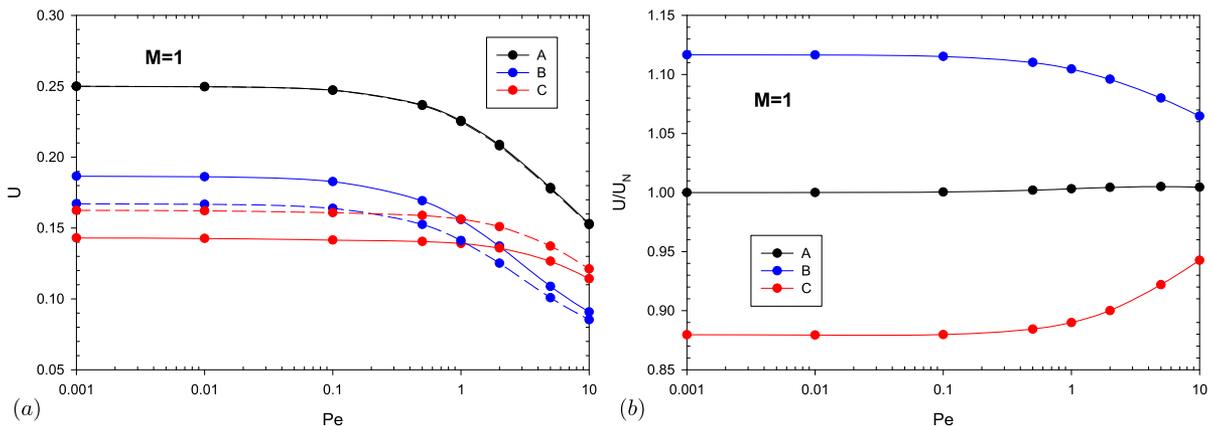


FIG. 2. (a) Propulsion speed as a function of Pe for particles A, B, and C in the case of $M = 1$. Dashed and solid lines represent the propulsion in a Newtonian fluid and a viscoelastic fluid ($De = 1$), respectively. (b) Ratio of viscoelastic and Newtonian propulsion velocity as a function of Pe for particles A, B, and C in the case of $M = 1$, with $De = 1$.

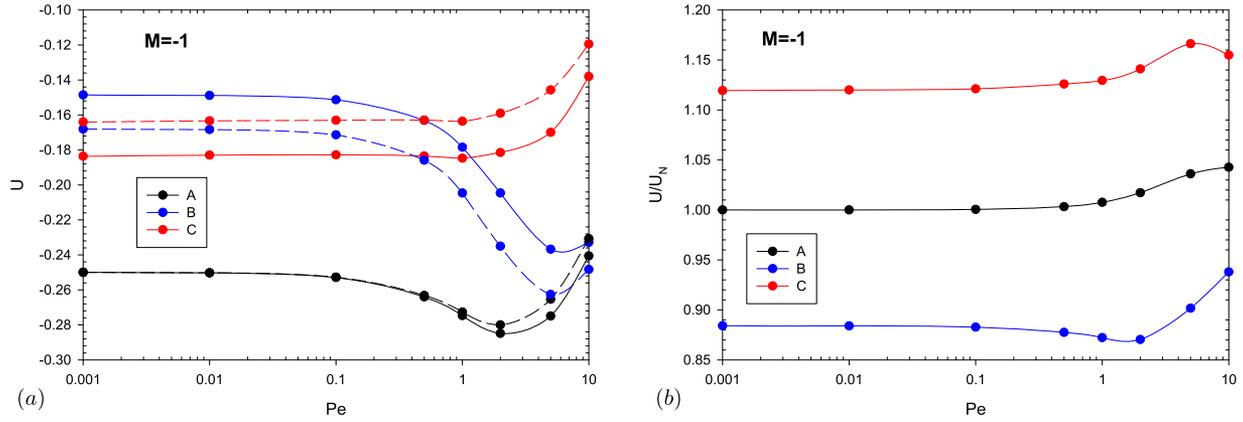


FIG. 3. (a) Propulsion speed as a function of Pe for particles A, B, and C in the case of $M = -1$. Dashed and solid lines represent the propulsion in a Newtonian fluid and a viscoelastic fluid ($De = 1$), respectively. (b) Ratio of viscoelastic and Newtonian propulsion velocity as a function of Pe for particles A, B, and C in the case of $M = -1$, with $De = 1$.

The effect of viscoelasticity on the translational velocity of the particle clearly depends on the coverage of the reactive cap. As shown in the work of Datt *et al.*,³² a symmetric particle (particle A) sees no viscoelastic effect on the velocity for $Pe = 0$, and here we find a negligible change for nonzero Péclet numbers as well, when the mobility is positive. When the mobility is negative, we see a (relatively weak) viscoelastic effect at higher Péclet numbers. For asymmetric particles, viscoelasticity indeed makes a difference; particle B sees a speed increase (decrease) with respect to the Newtonian case, while particle C sees a speed decrease (increase), when the particle has positive (negative) mobility. For particles with positive mobility, the largest difference between the Newtonian and viscoelastic results occurs when $Pe = 0$, where our results match the analytical results in the work of Datt *et al.*,³² and the

difference in velocity due to viscoelasticity strictly diminishes with increasing Péclet number. For particles with negative mobility, the effect of the advection of the solute and viscoelasticity is less straightforward with a non-monotonic change in the ratio of viscoelastic to Newtonian swimming speeds with increasing Péclet numbers.

To better understand this behaviour, the concentration profiles around the particles in a Newtonian fluid c_0 and the first-order contributions in a viscoelastic fluid c_1 are shown in Figs. 4–6. Note that in all cases the magnitude of the concentration perturbation field is very small, $|c_1| \ll |c_0|$, throughout the fluid; thus, even for order one Deborah numbers, the concentration field in a Newtonian fluid is virtually indistinguishable from that of a viscoelastic fluid (for $Pe = 2$ and $Da = 0$).

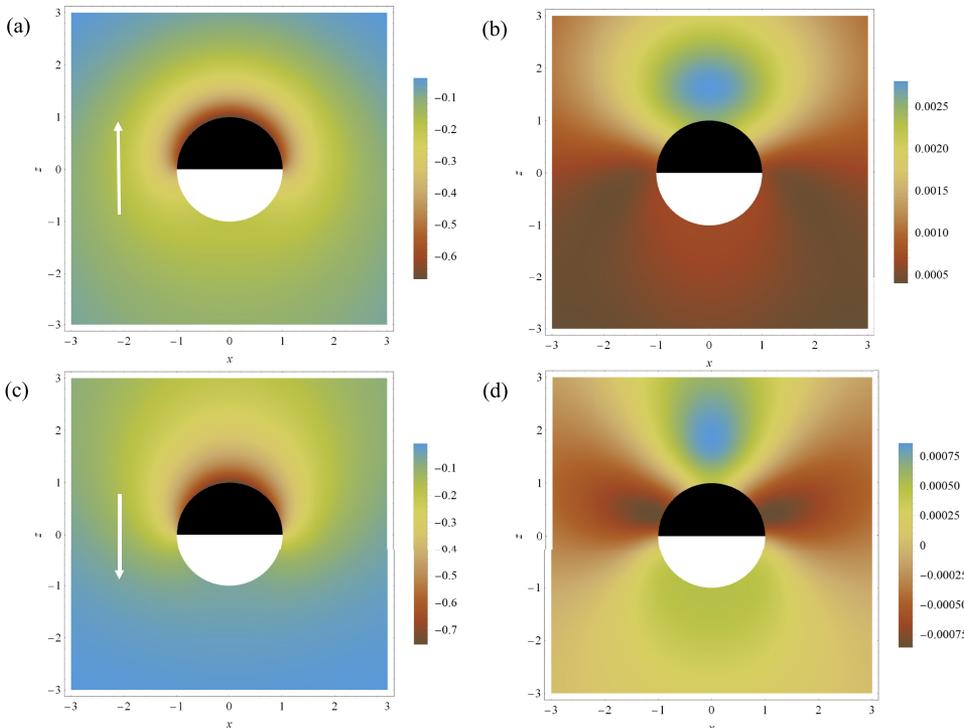


FIG. 4. Relative solute concentration distribution around particle A in the Newtonian case [(a) and (c)] and second-order fluid contribution [(b) and (d)] for $Pe = 2$ and $Da = 0$. Panels (a) and (b) represent the case of $M = 1$ while panels (c) and (d) show the results for $M = -1$. The white vector indicates the direction of motion.

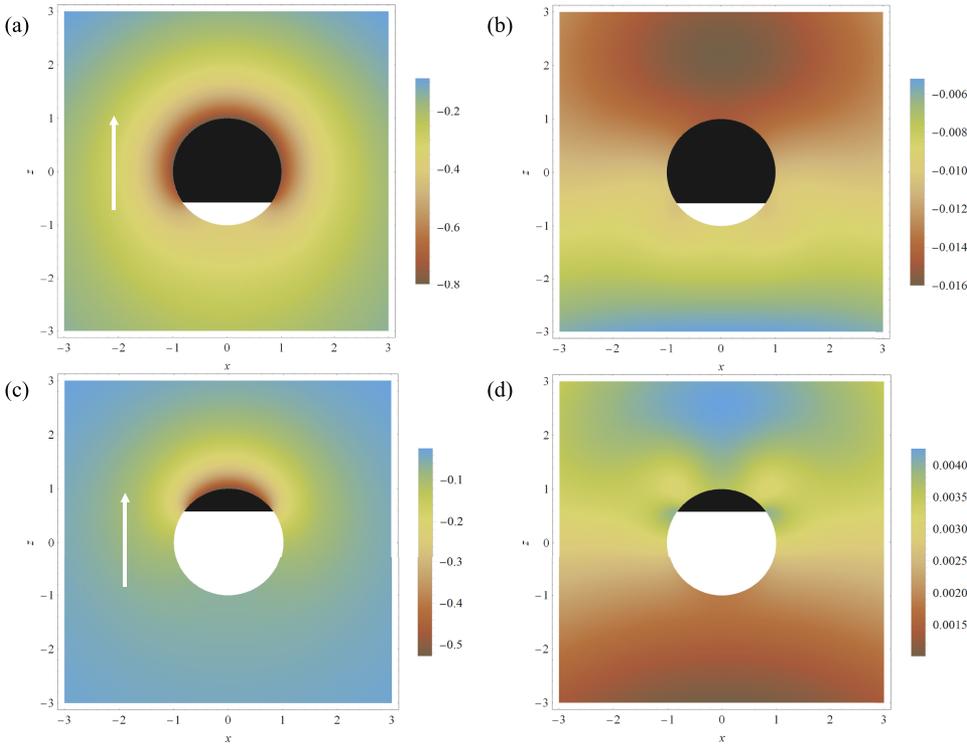


FIG. 5. Relative solute concentration distribution around particles B and C in the Newtonian case [(a) and (c)] and second-order fluid contribution [(b) and (d)], respectively. The results are obtained for $Pe = 2$ and $Da = 0$ in the case of $M = 1$. The white arrow indicates the direction of motion.

When the mobility is positive (negative), the particles swim towards their active (inert) pole. To leading order, this motion tends to spread (contract) the depleted region while also bringing a higher solute concentration towards the active (inert) cap [see Fig. 4(a) for $M = 1$ and Fig. 4(c) for $M = -1$]. These effects both tend to reduce (enhance) the concentration difference between the front and back of the particle.³⁰ A reduction (enhancement) of the concentration gradient

on the particle surface leads to a smaller (larger) surface slip velocity, and as a consequence, we see that propulsion velocities decrease (increase) with increasing Pe .³⁰ For particles with positive mobility, the velocities decrease monotonically. For particles with negative mobility, the velocity increase saturates, and at large Péclet a boundary layer develops while the speeds decay as $U \propto Pe^{-1/3}$ in a Newtonian fluid.^{30,55}

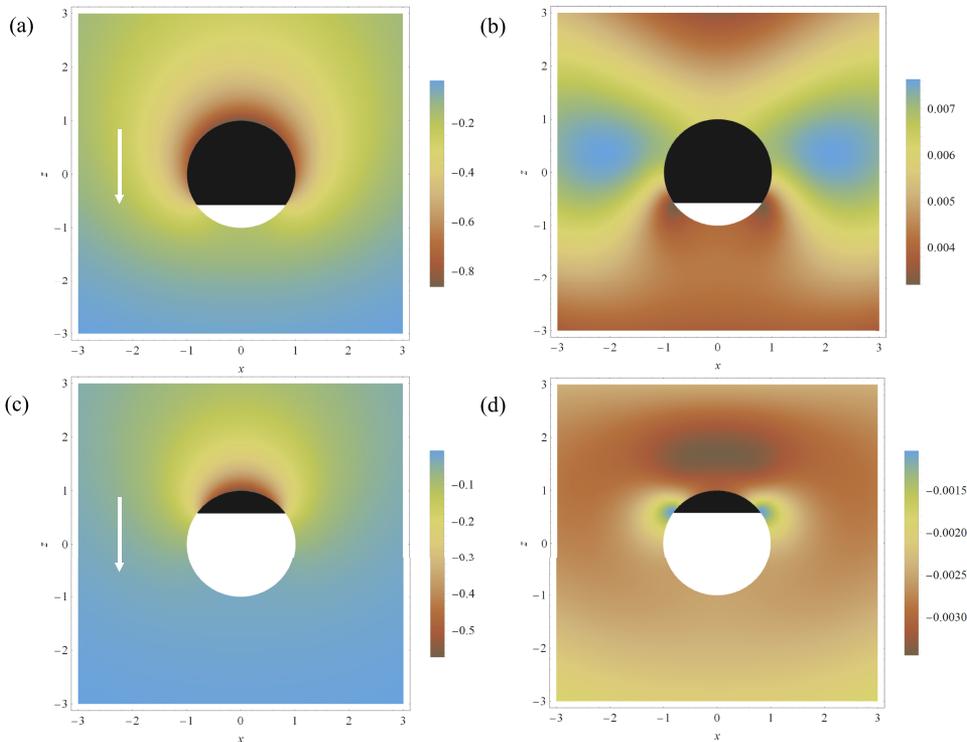


FIG. 6. Relative solute concentration distribution around particles B and C in the Newtonian case [(a) and (c)] and second-order fluid contribution [(b) and (d)], respectively. The results are obtained for $Pe = 2$ and $Da = 0$ in the case of $M = -1$. The white arrow indicates the direction of motion.

Inspecting the concentration perturbation field, a very different scenario appears [see Fig. 4(b) for $M = 1$ and Fig. 4(d) for $M = -1$]. The concentration perturbation (due to viscoelasticity) has a higher concentration in front of the swimmer, implying that the first-order slip velocity, given by the first term on the right-hand side of (54), is opposite the leading-order term from the Newtonian result. However, given the magnitude of the concentration perturbation, the effect on the swimming speed is negligible. The second term on the right-hand side of (54) gives the change in the velocity due to viscoelastic stresses. When $Pe = 0$, this integral is identically zero for symmetric particles because the viscoelastic stresses induced on the particle are located symmetrically around the equator of the particles. Here, we find that this contribution is negligible for nonzero Péclet numbers as well, for particles with positive mobility. For particles with negative mobility, a moderate speed enhancement occurs at intermediate Péclet numbers due to viscoelastic stresses.

For asymmetric particles, the leading-order effect of the advection of the concentration field largely follows that of symmetric Janus particles (see Fig. 5 for $M = 1$ and Fig. 6 for $M = -1$). Notably, for particles with negative mobility [see Figs. 6(a) and 6(c)], a larger active region leads to exacerbated gradient steepening and speedup, while the opposite is true if the active region is smaller.

The effect of viscoelasticity on asymmetric particles is markedly different from the symmetric case as now the large viscoelastic stresses that arise at the discontinuity in surface activity are not symmetrically oriented at the equator of the particle. To illustrate, we show, in Fig. 7 ($M = 1$) and Fig. 8 ($M = -1$), stream plots of the leading-order velocity field \mathbf{u}_0 and the velocity perturbation \mathbf{u}_1 . We overlay these streamlines

on contour plots of the flow type parameter χ^{56} defined as follows:

$$\chi = \frac{\|\dot{\gamma}\| - \|\Theta\|}{\|\dot{\gamma}\| + \|\Theta\|}, \quad (55)$$

where $\Theta = \nabla\mathbf{u} - (\nabla\mathbf{u})^\top$ denotes the vorticity tensor. The flow type parameter χ ranges from -1 to 1 depending on the flow field. It assumes the value of 1 for pure extension, 0 for pure shear, and -1 for pure rotation.

From the flow field plots, we see that the sharp gradient in the slip velocity at the discontinuity in surface activity gives rise to extensional flows on either side of the discontinuity and correspondingly large viscoelastic stresses that effectively push on the particle at this point, regardless of the sign of the mobility. In Fig. 9, we show the viscoelastic stresses acting on the surface of the particle in the direction of motion, σ_{1rz} . Because these stresses are not located at the equator for asymmetric particles, this leads to a viscoelastic contribution to the speed given by the second term on the right-hand side of (54). The effect of viscoelasticity can be easily predicted from this simple physical picture: if the activity discontinuity is on the back (front) of the particle with respect to the direction of motion, the particle will see a speed increase (decrease) due to viscoelasticity. This description is also consistent with the literature where pusher-type squirmers see a speed increase in non-Newtonian fluids while puller-type squirmers see a speed decrease^{32,40} because for positive mobility particle B behaves as a pusher while particle C behaves as a puller (and vice-versa for particles with negative mobility).³² We note that Zhu, Lauga, and Brandt³⁷ found numerically that the propulsion of pullers and pushers was always reduced in a viscoelastic fluid, modeled by the Giesekus model, due to the presence of large

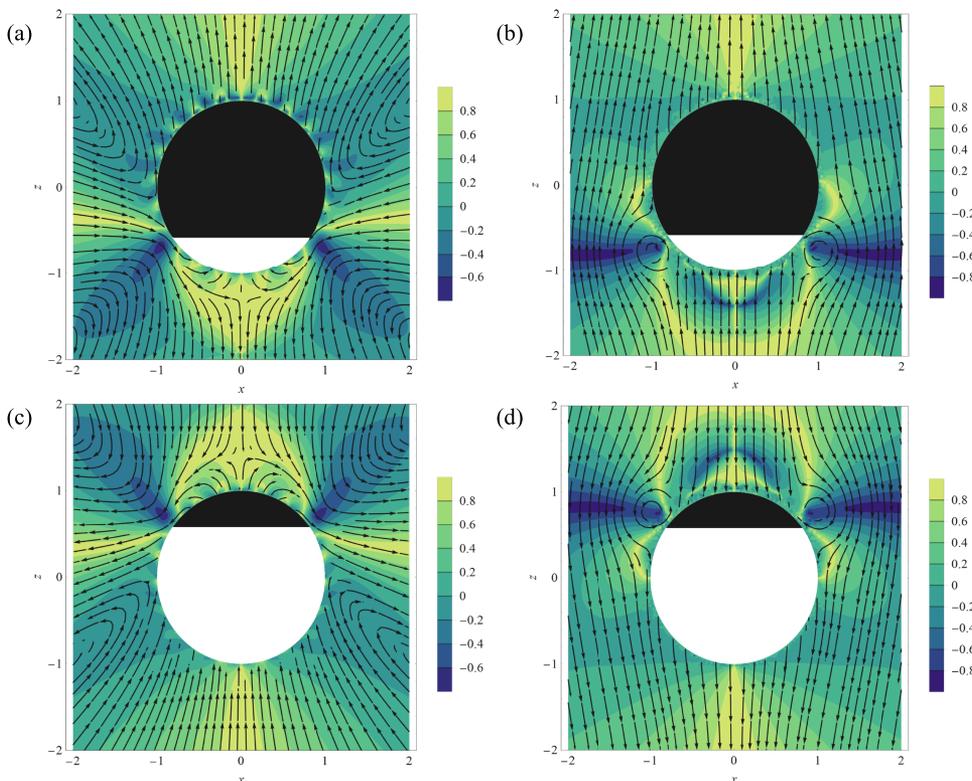


FIG. 7. Stream plot of the flow field (lab frame) around particles B and C in the Newtonian case [(a) and (c)] and the second-order fluid first-order correction [(b) and (d)], respectively. The contour plots in the background represent the flow parameter for the different cases. The results are obtained for $Pe = 2$ and $Da = 0$ in the case of $M = 1$.

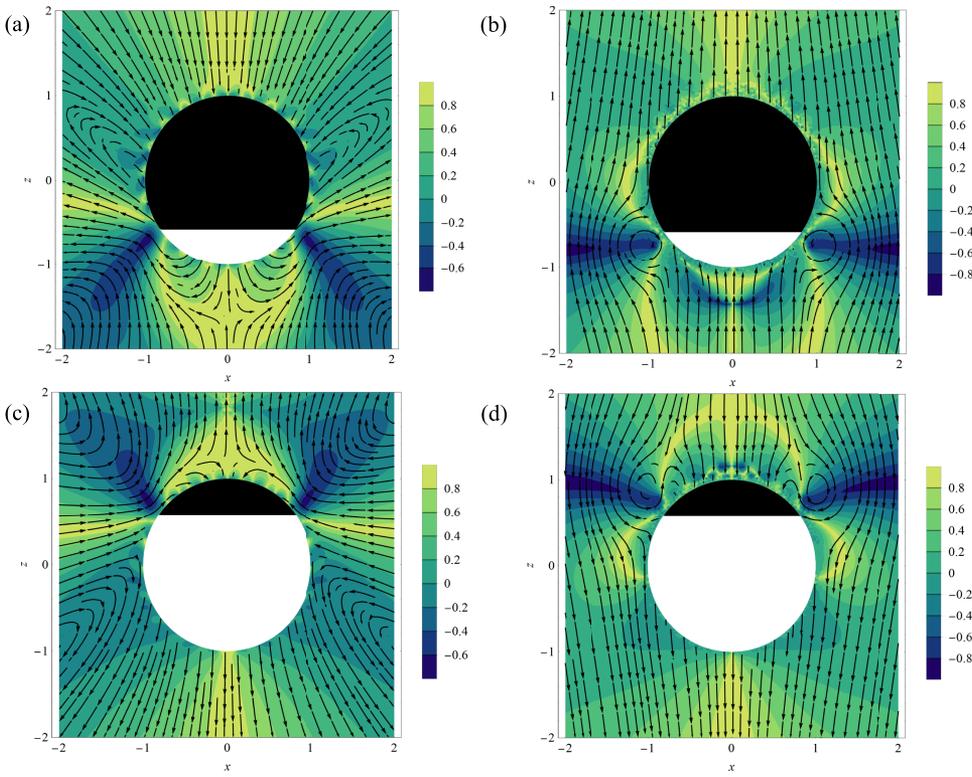


FIG. 8. Stream plot of the flow field (lab frame) around particles B and C in the Newtonian case [(a) and (c)] and the second-order fluid first-order correction [(b) and (d)], respectively. The contour plots in the background represent the flow parameter for the different cases. The results are obtained for $Pe = 2$ and $Da = 0$ in the case of $M = -1$.

extensional stresses that develop to the aft of the swimmers at moderate Deborah numbers. These stresses are not significant at the small Deborah numbers captured by our approach but are certainly expected to grow as strains increase.

The effect of nonzero Péclet numbers on the viscoelastic stresses is more subtle but can largely be explained from the physical picture given above. The effect of advection serves to reduce or enhance the concentration gradients at the surface of the particle which drive the slip boundary condition.

The sharp gradients at the discontinuity of the surface activity also lead to the viscoelastic stresses that affect the speed of the particle. In Fig. 9, we plot viscoelastic stresses acting on particle B with positive mobility. In this case, as the Péclet number increases, advection smooths the concentration gradients at the surface of the particle and indeed the viscoelastic stresses diminish. In general, if advection diminishes (enhances) the leading-order concentration gradients, as it does for positive (negative) mobility, then this in turn also

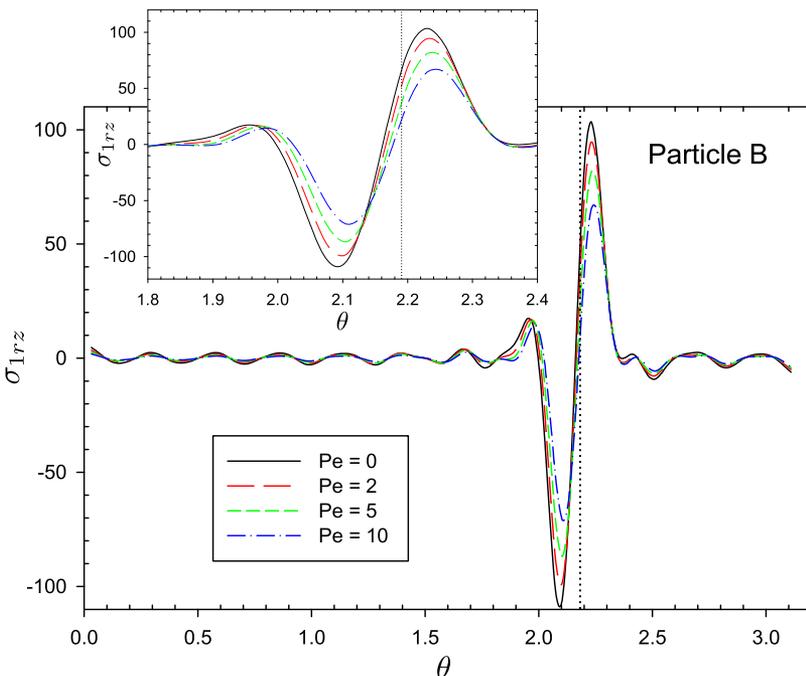


FIG. 9. Viscoelastic stress on the surface of the particle B in the θ_z direction, σ_{1rz} . The dotted vertical line indicates θ_c . In this case, $M = 1$, the magnitude of the viscoelastic stresses diminishes with increasing Pe as gradients are smoothed by advection.

diminishes (enhances) the viscoelastic stresses on the particle and leads to the changes in propulsion shown in Fig. 2 (Fig. 3).

B. Reactive effect

The effect of surface reactions follows straightforwardly from the physical picture developed in Sec. VIII A. A reaction rate at the surface of the particle which depends linearly on the concentration will act to reduce the concentration gradients which drive surface slip. Because of this, increasing the Damköhler number leads to a monotonic decrease in the propulsion speed of the particles.³⁰ Moreover, because those same concentration gradients drive the viscoelastic stresses on the particle, these stresses also decrease monotonically with increasing Da .

IX. CONCLUSIONS

In this work, we investigated the dynamics of autophoretic Janus particles in weakly viscoelastic fluids. Using a combined asymptotic and numerical approach we solved for the concentration and flow fields for Janus particles with various surface boundary conditions immersed in a second-order fluid and investigated the impact of viscoelasticity in the fluid to first order in Deborah numbers. The effect of viscoelasticity on the propulsion of the particle is largely due to the large viscoelastic stresses that are generated at the discontinuity in the surface coverage of the Janus particles. The discontinuity in surface activity drives a highly localized concentration variation near the surface of the particle and a sharp velocity gradient in the surface slip that results in large viscoelastic stresses. Advection can sharpen or diminish these concentration gradients and thus directly enhance or diminish the viscoelastic stresses, while concentration dependent chemical reactions act to diminish concentration gradients and thereby weaken viscoelastic effects on propulsion as well.

A limitation of our approach is that we consider only very small Deborah numbers due to our asymptotic approach to the viscoelasticity and use of the second-order fluid model, and so these conclusions may be significantly modified under large strains.^{32,37,40} On the flip side, this approach allows one to systematically disentangle the effects of advection and diffusion on viscoelastic stresses, and the picture may not be so clear at larger Deborah numbers. We also assume that the mobility is fixed; however, there is likely to be a first-order variation of the mobility coefficient as well for which one must undertake a matched asymptotic approach to determine.³⁰

ACKNOWLEDGMENTS

Funding from the Natural Sciences and Engineering Research Council of Canada (NSERC) is gratefully acknowledged.

¹F. Ginot, I. Theurkauff, D. Levis, C. Ybert, L. Bocquet, L. Berthier, and C. Cottin-Bizonne, "Nonequilibrium equation of state in suspensions of active colloids," *Phys. Rev. X* **5**, 011004 (2015).

²B. J. Nelson, I. K. Kaliakatsos, and J. J. Abbott, "Microrobots for minimally invasive medicine," *Annu. Rev. Biomed. Eng.* **12**, 55–85 (2010).

- ³L. Soler, V. Magdanz, V. M. Fomin, S. Sanchez, and O. G. Schmidt, "Self-propelled micromotors for cleaning polluted water," *ACS Nano* **7**, 9611–9620 (2013).
- ⁴J. Li, V. V. Singh, S. Sattayasamitsathit, J. Orozco, K. Kaufmann, R. Dong, W. Gao, B. Jurado-Sanchez, Y. Fedorak, and J. Wang, "Water-driven micromotors for rapid photocatalytic degradation of biological and chemical warfare agents," *ACS Nano* **8**, 11118–11125 (2014).
- ⁵C. J. Behrend, J. N. Anker, and R. Kopelman, "Brownian modulated optical nanopropellers," *Appl. Phys. Lett.* **84**, 154–156 (2004).
- ⁶C. Maggi, J. Simmchen, F. Saglimbeni, J. Katuri, M. Dipalo, F. D. Angelis, S. Sanchez, and R. D. Leonardo, "Self-assembly of micromachining systems powered by Janus micromotors," *Small* **12**, 446–451 (2015).
- ⁷A. Zöttl and H. Stark, "Emergent behavior in active colloids," *J. Phys.: Condens. Matter* **28**, 253001 (2016).
- ⁸J. Anderson, "Colloid transport by interfacial forces," *Annu. Rev. Fluid Mech.* **21**, 61–99 (1989).
- ⁹W. F. Paxton, K. C. Kistler, C. C. Olmeda, A. Sen, S. K. St. Angelo, Y. Cao, T. E. Mallouk, P. E. Lammert, and V. H. Crespi, "Catalytic nanomotors: Autonomous movement of striped nanorods," *J. Am. Chem. Soc.* **126**, 13424–13431 (2004).
- ¹⁰U. M. Córdoba-Figueroa and J. F. Brady, "Osmotic propulsion: The osmotic motor," *Phys. Rev. Lett.* **100**, 158303 (2008).
- ¹¹S. J. Ebbens and J. R. Howse, "Direct observation of the direction of motion for spherical catalytic swimmers," *Langmuir* **27**, 12293–12296 (2011).
- ¹²F. Jülicher and J. Prost, "Comment on 'Osmotic propulsion: The osmotic motor'," *Phys. Rev. Lett.* **103**, 079801 (2009).
- ¹³R. Golestanian, T. B. Liverpool, and A. Ajdari, "Propulsion of a molecular machine by asymmetric distribution of reaction products," *Phys. Rev. Lett.* **94**, 220801 (2005).
- ¹⁴R. Golestanian, T. B. Liverpool, and A. Ajdari, "Designing phoretic micro- and nano-swimmers," *New J. Phys.* **9**, 126 (2007).
- ¹⁵A. Walther and A. H. E. Müller, "Janus particles: Synthesis, self-assembly, physical properties, and applications," *Chem. Rev.* **113**, 5194–5261 (2013).
- ¹⁶Y. Mei, A. A. Solovev, S. Sanchez, and O. G. Schmidt, "Rolled-up nanotech on polymers: From basic perception to self-propelled catalytic microengines," *Chem. Soc. Rev.* **40**, 2109 (2011).
- ¹⁷J. R. Howse, R. A. L. Jones, A. J. Ryan, T. Gough, R. Vafabakhsh, and R. Golestanian, "Self-motile colloidal particles: From directed propulsion to random walk," *Phys. Rev. Lett.* **99**, 048102 (2007).
- ¹⁸H. Ke, S. Ye, R. L. Carroll, and K. Showalter, "Motion analysis of self-propelled Pt-silica particles in hydrogen peroxide solutions," *J. Phys. Chem. A* **114**, 5462–5467 (2010).
- ¹⁹A. I. Campbell and S. J. Ebbens, "Gravitaxis in spherical Janus swimming devices," *Langmuir* **29**, 14066–14073 (2013).
- ²⁰A. Brown and W. Poon, "Ionic effects in self-propelled Pt-coated Janus swimmers," *Soft Matter* **10**, 4016–4027 (2014).
- ²¹A. T. Brown, W. C. K. Poon, C. Holm, and J. de Graaf, "Ionic screening and dissociation are crucial for understanding chemical self-propulsion in polar solvents," *Soft Matter* **13**, 1200–1222 (2017).
- ²²H.-R. Jiang, N. Yoshinaga, and M. Sano, "Active motion of a Janus particle by self-thermophoresis in a defocused laser beam," *Phys. Rev. Lett.* **105**, 268302 (2010).
- ²³J. L. Moran and J. D. Posner, "Phoretic self-propulsion," *Annu. Rev. Fluid Mech.* **49**, 511–540 (2017).
- ²⁴F. Jülicher and J. Prost, "Generic theory of colloidal transport," *Eur. Phys. J. E* **29**, 27–36 (2009).
- ²⁵U. M. Córdoba-Figueroa, J. F. Brady, and S. Shklyaev, "Osmotic propulsion of colloidal particles via constant surface flux," *Soft Matter* **9**, 6382 (2013).
- ²⁶M. N. Popescu, S. Dietrich, M. Tasinkevych, and J. Ralston, "Phoretic motion of spheroidal particles due to self-generated solute gradients," *Eur. Phys. J. E* **31**, 351–367 (2010).
- ²⁷S. Ebbens, M.-H. Tu, J. R. Howse, and R. Golestanian, "Size dependence of the propulsion velocity for catalytic Janus-sphere swimmers," *Phys. Rev. E* **85**, 020401 (2012).
- ²⁸B. Sabass and U. Seifert, "Dynamics and efficiency of a self-propelled, diffusiophoretic swimmer," *J. Chem. Phys.* **136**, 064508 (2012).
- ²⁹N. Sharifi-Mood, J. Koplik, and C. Maldarelli, "Diffusiophoretic self-propulsion of colloids driven by a surface reaction: The sub-micron particle regime for exponential and van der Waals interactions," *Phys. Fluids* **25**, 012001 (2013).

- ³⁰S. Michelin and E. Lauga, “Phoretic self-propulsion at finite Péclet numbers,” *J. Fluid Mech.* **747**, 572–604 (2014).
- ³¹A. E. Patteson, A. Gopinath, and P. E. Arratia, “Active colloids in complex fluids,” *Curr. Opin. Colloid Interface Sci.* **21**, 86–96 (2016).
- ³²C. Datt, G. Natale, S. G. Hatzikiriakos, and G. J. Elfring, “An active particle in a complex fluid,” *J. Fluid Mech.* **823**, 675–688 (2017).
- ³³N. Oppenheimer, S. Navardi, and H. A. Stone, “Motion of a hot particle in viscous fluids,” *Phys. Rev. Fluids* **1**, 014001 (2016).
- ³⁴J. R. Gomez-Solano, A. Blokhuis, and C. Bechinger, “Dynamics of self-propelled Janus particles in viscoelastic fluids,” *Phys. Rev. Lett.* **116**, 138301 (2016).
- ³⁵G. J. Elfring and E. Lauga, “Theory of locomotion through complex fluids,” in *Complex Fluids in Biological Systems: Experiment, Theory, and Computation*, edited by S. E. Spagnolie (Springer New York, New York, NY, 2015), pp. 283–317.
- ³⁶J. Sznitman and P. E. Arratia, “Locomotion through complex fluids: An experimental view,” in *Complex Fluids in Biological Systems: Experiment, Theory, and Computation*, edited by E. S. Spagnolie (Springer New York, New York, NY, 2015), pp. 245–281.
- ³⁷L. Zhu, E. Lauga, and L. Brandt, “Self-propulsion in viscoelastic fluids: Pushers vs. pullers,” *Phys. Fluids* **24**, 051902 (2012).
- ³⁸T. D. Montenegro-Johnson, D. J. Smith, and D. Loghin, “Physics of rheologically enhanced propulsion: Different strokes in generalized Stokes,” *Phys. Fluids* **25**, 081903 (2013).
- ³⁹G. J. Li, A. Karimi, and A. M. Ardekani, “Effect of solid boundaries on swimming dynamics of microorganisms in a viscoelastic fluid,” *Rheol. Acta* **53**, 911–926 (2014).
- ⁴⁰M. De Corato, F. Greco, and P. L. Maffettone, “Locomotion of a microorganism in weakly viscoelastic liquids,” *Phys. Rev. E* **92**, 053008 (2015).
- ⁴¹C. Datt, L. Zhu, G. J. Elfring, and O. S. Pak, “Squirming through shear-thinning fluids,” *J. Fluid Mech.* **784**, R1 (2015).
- ⁴²M. J. Lighthill, “On the squirring motion of nearly spherical deformable bodies through liquids at very small Reynolds numbers,” *Commun. Pure Appl. Math.* **5**, 109–118 (1952).
- ⁴³T. J. Pedley, “Spherical squirmers: Models for swimming micro-organisms,” *IMA J. Appl. Math.* **81**, 488–521 (2016).
- ⁴⁴R. B. Bird, R. C. Armstrong, O. Hassager, and C. F. Curtiss, *Dynamics of Polymeric Liquids* (Wiley, New York, 1977), Vol. 1.
- ⁴⁵M. De Corato, F. Greco, and P. L. Maffettone, “Reply to ‘Comment on “Locomotion of a microorganism in weakly viscoelastic liquids”’,” *Phys. Rev. E* **94**, 057102 (2016).
- ⁴⁶R. B. Bird and J. M. Wiest, “Constitutive equations for polymeric liquids,” *Annu. Rev. Fluid Mech.* **27**, 169–193 (1995).
- ⁴⁷L. G. Leal, “Particle motions in a viscous fluid,” *Annu. Rev. Fluid Mech.* **12**, 435–476 (1980).
- ⁴⁸J. Happel and H. Brenner, *Low Reynolds Number Hydrodynamics* (Prentice-Hall, Inc., 1965).
- ⁴⁹H. A. Stone and A. D. T. Samuel, “Propulsion of microorganisms by surface distortions,” *Phys. Rev. Lett.* **77**, 4102–4104 (1996).
- ⁵⁰E. Lauga, “Life at high Deborah number,” *Europhys. Lett.* **86**, 64001 (2009).
- ⁵¹E. Lauga, “Locomotion in complex fluids: Integral theorems,” *Phys. Fluids* **26**, 081902 (2014).
- ⁵²G. J. Elfring and G. Goyal, “The effect of gait on swimming in viscoelastic fluids,” *J. Non-Newtonian Fluid Mech.* **234**, 8–14 (2016).
- ⁵³G. J. Elfring, “Force moments of an active particle in a complex fluid,” *J. Fluid Mech.* **829**, R3 (2017).
- ⁵⁴G. J. Elfring, “A note on the reciprocal theorem for the swimming of simple bodies,” *Phys. Fluids* **27**, 023101 (2015).
- ⁵⁵E. Yariv and S. Michelin, “Phoretic self-propulsion at large Péclet numbers,” *J. Fluid Mech.* **768**, R1 (2015).
- ⁵⁶P. D. Patil, J. J. Feng, and S. G. Hatzikiriakos, “Constitutive modeling and flow simulation of polytetrafluoroethylene (PTFE) paste extrusion,” *J. Non-Newtonian Fluid Mech.* **139**, 44–53 (2006).